

BU|BeWell Dimension Implementation Guide

Service & Community

BU|BeWell is our foundation for a transformative and holistic Butler experience. Through BU|BeWell, we foster a positive environment that helps students, faculty, and staff grow, learn, and be the best version of themselves.

Dimension definition: Strengthening community through service and shared interests, both within Butler and the greater Indianapolis area.

How to implement the Service and Community dimension into your work:

In courses

- 1) Pursue [ICR designation](#) for your course, if appropriate. All ICR courses are required to include (1) 20 hours of student engagement with community partners (generally unpaid), (2) assigned readings ([like this one](#)) and reflection on service learning, and (3) pre- and post-experience reflection.
- 2) Bring in guest speakers from the community or a community organization who can address your course topics from a new or different perspective. Consider making an assignment that includes students learning more about community organizations that relate to your course topics.
- 3) Design, Implement, evaluate a project and or research initiative based in or focused on the community (Community Based Participatory Research). Invite community members to attend final project presentations and give feedback to students.

In the workplace

- 1) Partner with a community organization and find out how they would like to be supported. They may welcome you and your colleagues to volunteer, host a donation drive, meet with their clients, and more!
- 2) Offer teambuilding through service at an organization focused on community empowerment. Volunteering together as an office, department, or team can foster a sense of community among staff while also giving back to our community.
- 3) Participate in [Staff Assembly](#), [Faculty Senate](#), or [STEP](#) or volunteer to advise a [student organization](#).

In programs/events

- 1) Use your event to meet a practical need in the community. Choose an initiative that aligns with the work you are already doing, or that you desire to pursue for future endeavors, and seek ways to support it through a program, workshop, or social event.
- 2) Incorporate education about community needs within your program or event. Help students see the broader picture beyond Butler's campus.
- 3) Bring in community guests to participate or facilitate. Build a pipeline of community liaisons who can guide the work we are doing and be strong advocates in meeting community needs.

How to assess whether implementing this dimension has made an impact for our campus.

- 1) Collect satisfaction/knowledge information from your audiences (students, employees, colleagues before you implement any changes, then collect again after your changes have been implemented. Reflection on GivePulse. Compare the before and after to see if your audience noticed the changes and how the changes affected their experiences. You can collect information via short surveys, focus groups, interviews, comment cards, etc. Pick a method that won't be a heavy lift for your audiences to complete or for you to analyze.
- 2) Keep track of attendance, usage, foot traffic, number of meetings, assignments, etc. on GivePulse. Use these to demonstrate the scope of the Butler community who has been involved with your work in this dimension.
- 3) Create learning outcomes for programs, services, and courses that center this dimension of well-being, and assess to what degree your efforts have contributed to learning about the dimension.
- 4) For smaller groups, engage in writing impact statements that detail how the incorporation of this dimension has influenced their overall health or experience at Butler.